

SAINT LOUIS DE MONTFORT

The Rosary with Saint Louis de Montfort

Method of Saint Louis-Marie Grignion de Montfort

Praying with fruit: an offering and a grace at every mystery

How to pray it with fruit

The full Rosary has one hundred and fifty Hail Marys; a single chaplet, fifty. In this method of St Louis de Montfort, each decade is offered to Jesus in honour of one mystery, and through it a grace is asked of Our Lady — the "fruit" of that mystery. For each decade pray one Our Father, ten Hail Marys, the Glory Be and the "O my Jesus"; then say the prayer of the fruit.

The sign of the cross

In the name of the Father, and of the Son, and of the Holy Spirit. Amen.

The offering of the rosary

I unite myself with all the saints who are in heaven, with all the just on earth, and with all the faithful souls here present. I unite myself with Thee, my Jesus, worthily to praise Thy holy Mother, and to praise Thee in her and through her. I renounce all the distractions that may come to me during this Rosary, which I desire to say with reverence, attention and devotion, as if it were the last of my life.
We offer Thee, O most Holy Trinity, this Creed in honour of all the mysteries of our faith, and this Our Father and these three Hail Marys in honour of the unity of Thy essence and the trinity of Thy Persons. We ask of Thee a living faith, a firm hope and a burning charity. So be it.

The Apostles' Creed

I believe in God, the Father Almighty, Creator of heaven and earth; and in Jesus Christ, his only Son, our Lord, who was conceived by the Holy Spirit, born of the Virgin Mary, suffered under Pontius Pilate, was crucified, died, and was buried.

He descended into hell; the third day he rose again from the dead; he ascended into heaven, and sitteth at the right hand of God, the Father Almighty; from thence he shall come to judge the living and the dead. I believe in the Holy Spirit, the holy Catholic Church, the communion of saints, the forgiveness of sins, the resurrection of the body, and life everlasting. Amen.

ONE OUR FATHER AND THREE HAIL MARYS

On the large bead just after the cross, pray one Our Father, saying: Let us praise Mary, the beloved Daughter of the eternal Father.
On the first small bead, a Hail Mary: Let us praise Mary, the admirable Mother of God the Son.
On the second, a Hail Mary: Let us praise Mary, the most faithful Spouse of God the Holy Spirit.
On the third, a Hail Mary. Then the Glory Be and the "O my Jesus".

GLORY BE

Glory be to the Father, and to the Son, and to the Holy Spirit; as it was in the beginning, is now, and ever shall be, world without end. Amen.

O MY JESUS

O my Jesus, forgive us our sins, save us from the fires of hell, lead all souls to heaven, especially those in most need of Thy mercy.

THE JOYFUL MYSTERIES — MONDAYS AND THURSDAYS

Pray each decade (one Our Father, ten Hail Marys, the Glory Be and the "O my Jesus") between the offering and the prayer of the fruit.

FIRST MYSTERY — THE INCARNATION

We offer Thee, Lord Jesus, this first decade in honour of Thy Incarnation in the womb of Mary; and we ask of Thee, through this mystery and the intercession of Mary, a deep humility. So be it.
(Pray the decade.)
By the mystery of the Incarnation, descend into our souls. So be it.

SECOND MYSTERY — THE VISITATION

We offer Thee, Lord Jesus, this second decade in honour of the Visitation of Thy Mother to St Elizabeth and the sanctification of St John the Baptist; and we ask of Thee, through this mystery and the intercession of Mary, charity toward our neighbour. So be it.
(Pray the decade.)
By the mystery of the Visitation, descend into our souls. So be it.

THIRD MYSTERY — THE NATIVITY

We offer Thee, Lord Jesus, this third decade in honour of Thy birth in the stable of Bethlehem; and we ask of Thee, through this mystery and the intercession of Mary, detachment from the goods of this world and the love of poverty. So be it.
(Pray the decade.)
By the mystery of the Nativity, descend into our souls. So be it.

FOURTH MYSTERY — THE PRESENTATION IN THE TEMPLE

We offer Thee, Lord Jesus, this fourth decade in honour of Thy Presentation in the temple and the purification of Mary; and we ask of Thee, through this mystery and the intercession of Mary, a great purity of body and soul. So be it.
(Pray the decade.)
By the mystery of the Purification, descend into our souls. So be it.

FIFTH MYSTERY — THE FINDING IN THE TEMPLE

We offer Thee, Lord Jesus, this fifth decade in honour of Thy being found by Mary in the temple; and we ask of Thee, through this mystery and the intercession of Mary, true wisdom. So be it.
(Pray the decade.)
By the mystery of the Finding of Jesus, descend into our souls. So be it.

THE SORROWFUL MYSTERIES — TUESDAYS AND FRIDAYS

SIXTH MYSTERY — THE AGONY IN THE GARDEN

We offer Thee, Lord Jesus, this sixth decade in honour of Thy agony in the Garden of Olives; and we ask of Thee, through this mystery and the intercession of Mary, contrition for our sins. So be it.
(Pray the decade.)
By the mystery of the Agony of Jesus, descend into our souls. So be it.

SEVENTH MYSTERY — THE SCOURGING

We offer Thee, Lord Jesus, this seventh decade in honour of Thy scourging; and we ask of Thee, through this mystery and the intercession of Mary, the mortification of our senses. So be it.
(Pray the decade.)
By the mystery of the Scourging, descend into our souls. So be it.

EIGHTH MYSTERY — THE CROWNING WITH THORNS

We offer Thee, Lord Jesus, this eighth decade in honour of Thy crowning with thorns; and we ask of Thee, through this mystery and the intercession of Mary, contempt of the world. So be it.
(Pray the decade.)
By the mystery of the Crowning with Thorns, descend into our souls. So be it.

NINTH MYSTERY — THE CARRYING OF THE CROSS

We offer Thee, Lord Jesus, this ninth decade in honour of the carrying of the Cross; and we ask of Thee, through this mystery and the intercession of Mary, patience in all our crosses. So be it.

(Pray the decade.)

By the mystery of the Carrying of the Cross, descend into our souls. So be it.

TENTH MYSTERY — THE CRUCIFIXION AND DEATH

We offer Thee, Lord Jesus, this tenth decade in honour of Thy crucifixion and death on Calvary; and we ask of Thee, through this mystery and the intercession of Mary, the conversion of sinners, the perseverance of the just and relief for the souls in purgatory. So be it.

(Pray the decade.)

By the mystery of the Crucifixion of Jesus, descend into our souls. So be it.

THE GLORIOUS MYSTERIES — WEDNESDAYS, SATURDAYS AND SUNDAYS

ELEVENTH MYSTERY — THE RESURRECTION

We offer Thee, Lord Jesus, this eleventh decade in honour of Thy glorious Resurrection; and we ask of Thee, through this mystery and the intercession of Mary, love of God and fervour in Thy service. So be it.

(Pray the decade.)

By the mystery of the Resurrection, descend into our souls. So be it.

TWELFTH MYSTERY — THE ASCENSION

We offer Thee, Lord Jesus, this twelfth decade in honour of Thy triumphant Ascension; and we ask of Thee, through this mystery and the intercession of Mary, an ardent desire for heaven, our homeland. So be it.

(Pray the decade.)

By the mystery of the Ascension, descend into our souls. So be it.

THIRTEENTH MYSTERY — PENTECOST

We offer Thee, Lord Jesus, this thirteenth decade in honour of the mystery of Pentecost; and we ask of Thee, through this mystery and the intercession of Mary, the descent of the Holy Spirit into our souls. So be it.

(Pray the decade.)

By the mystery of Pentecost, descend into our souls. So be it.

FOURTEENTH MYSTERY — THE ASSUMPTION OF MARY

We offer Thee, Lord Jesus, this fourteenth decade in honour of the Assumption of Thy Mother into heaven; and we ask of Thee, through this mystery and the intercession of Mary, a tender devotion to so good a Mother. So be it.

(Pray the decade.)

By the mystery of the Assumption, descend into our souls. So be it.

FIFTEENTH MYSTERY — THE CORONATION OF MARY

We offer Thee, Lord Jesus, this fifteenth decade in honour of the glorious coronation of Thy Mother in heaven; and we ask of Thee, through this mystery and the intercession of Mary, perseverance in grace and the crown of glory. So be it.

(Pray the decade.)

By the mystery of the glorious Coronation of Mary, descend into our souls. So be it.

THANKSGIVING

At the end of the chaplet or the Rosary, thank Our Lady for the graces received.

FINAL SALUTATION

I greet thee, Mary, beloved Daughter of the eternal Father, admirable Mother of the Son, most faithful Spouse of the Holy Spirit, august temple of the most Holy Trinity; I greet thee, sovereign Princess, to whom all is subject in heaven and on earth; I greet thee, sure refuge of sinners, Our Lady of Mercy, who hast never turned anyone away. Sinner that I am, I cast myself at thy feet and beg thee to obtain for me from Jesus, thy beloved Son, contrition and the forgiveness of all my sins, and divine wisdom. I consecrate myself wholly to thee, with all that I have. I take thee this day for my Mother and Mistress. Treat me, then, as the least of thy children and the most obedient of thy servants. Hear, O my Princess, hear the sighs of a heart that longs to love thee and serve thee faithfully. Let it never be said that, among all who have had recourse to thee, I was the first to be forsaken. O my hope, O my life, O my faithful and immaculate Virgin Mary, defend me, nourish me, hear me, teach me, save me. So be it. In the name of the Father, and of the Son, and of the Holy Spirit. Amen.

HAIL, HOLY QUEEN

Hail, holy Queen, Mother of mercy, our life, our sweetness and our hope. To thee do we cry, poor banished children of Eve. To thee do we send up our sighs, mourning and weeping in this valley of tears. Turn then, most gracious advocate, thine eyes of mercy toward us; and after this our exile, show unto us the blessed fruit of thy womb, Jesus. O clement, O loving, O sweet Virgin Mary.

℣. Pray for us, O holy Mother of God.

℟. That we may be made worthy of the promises of Christ.

✝