



THE EUCHARIST

PRAYER BEFORE A CRUCIFIX — EN EGO, O BONE ET DULCISSIME IESU

Prayer of the Church, from the Enchiridion of Indulgences

After Communion; plenary indulgence on the Fridays of Lent



LATIN

En ego, o bone et dulcissime Iesu, ante
conspectum tuum genibus me
provolvo, ac maximo animi ardore te
oro atque obtestor, ut meum in cor
vividos fidei, spei et caritatis sensus,
atque veram peccatorum meorum
paenitentiam, eaque emendandi
firmissimam voluntatem velis
imprimere;
dum magno animi affectu et dolore tua
quinque vulnera mecum ipse considero
ac mente contemplor, illud prae oculis
habens, quod iam in ore ponebat tuo
David propheta de te, o bone Iesu:
Foderunt manus meas et pedes meos:
dinumeraverunt omnia ossa mea.

ENGLISH

Behold, O good and most sweet Jesus, I
cast myself upon my knees in thy sight,
and with the most fervent desire of my
soul I pray and beseech thee to impress
upon my heart lively sentiments of
faith, hope and charity, true contrition
for my sins, and a most firm purpose of
amendment;
while with deep affection and grief of
soul I ponder within myself and
contemplate in mind thy five wounds,
having before my eyes what David the
prophet already put in thy mouth
concerning thee, O good Jesus:
They have pierced my hands and my
feet; they have numbered all my bones.

Amen.

