



PRAYERS OF THE SAINTS

PRAYER OF THANKSGIVING AFTER HOLY COMMUNION

Saint Bonaventure

“Transfige” — the Seraphic Doctor’s prayer, kept in the Roman Missal



LATIN

Transfige, dulcissime Domine Iesu, medullas et viscera animae meae suavissimo ac saluberrimo amoris tui vulnere, vera serenaque et apostolica sanctissima caritate, ut langueat et liquefiat anima mea solo semper amore et desiderio tui, te concupiscat et deficiat in atria tua, cupiat dissolvi et esse tecum.

Da ut anima mea te esuriat, panem Angelorum, refectionem animarum sanctarum; panem nostrum cotidianum, supersubstantialem, habentem omnem dulcedinem et saporem, et omne delectamentum suavitatis. Tè, in quem desiderant Angeli prospicere, semper esuriat et comedat cor meum, et dulcedine saporis tui repleantur viscera animae meae; te semper sitiāt fontem vitae, fontem sapientiae et scientiae, fontem aeterni luminis, torrentem voluptatis, ubertatem domus Dei.

ENGLISH

Pierce, O most sweet Lord Jesus, my inmost soul with the most joyous and healthful wound of Thy love, with true, serene, and most holy apostolic charity, that my soul may ever languish and melt with love and longing for Thee, that it may yearn for Thee and faint for Thy courts, and long to be dissolved and to be with Thee.

Grant that my soul may hunger after Thee, the bread of angels, the refreshment of holy souls, our daily and supersubstantial bread, having all sweetness and savour and every delight of taste; let my heart ever hunger after and feed upon Thee, upon whom the angels desire to look, and may my inmost soul be filled with the sweetness of Thy savour; may it ever thirst after Thee, the fountain of life, the fountain of wisdom and knowledge, the fountain of eternal light, the torrent of pleasure, the richness of the house of God.

Te semper ambiat, te quaerat, te inveniat, ad te tendat, ad te perveniat, te meditetur, te loquatur, et omnia operetur in laudem et gloriam nominis tui, cum humilitate et discretione, cum dilectione et delectatione, cum facilitate et affectu, cum perseverantia usque in finem; ut tu sis solus semper spes mea, tota fiducia mea, divitiae meae, delectatio mea, iucunditas mea, gaudium meum, quies et tranquillitas mea, pax mea, suavitas mea, odor meus, dulcedo mea, cibus meus, refectio mea, refugium meum, auxilium meum, sapientia mea, portio mea, possessio mea, thesaurus meus, in quo fixa et firma et immobiliter semper sit radicata mens mea et cor meum. Amen.

May it ever compass Thee, seek Thee, find Thee, run to Thee, attain Thee, meditate upon Thee, speak of Thee, and do all things to the praise and glory of Thy name, with humility and discretion, with love and delight, with ease and affection, and with perseverance unto the end; may Thou alone be ever my hope, my entire assurance, my riches, my delight, my pleasure, my joy, my rest and tranquillity, my peace, my sweetness, my fragrance, my sweet savour, my food, my refreshment, my refuge, my help, my wisdom, my portion, my possession and my treasure, in whom may my mind and my heart be fixed and firmly rooted immovably henceforth and for ever. Amen.

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